

## AAQ-W

1, 6, 7, 14, and 18 are reversed keyed: Lower scores indicate less experiential avoidance and more psychological flexibility.

Total entre: 22 e 154

## PRE

$$\text{PI\_AAQW\_A\_2} + \text{PI\_AAQW\_A\_3} + \text{PI\_AAQW\_A\_4} + \text{PI\_AAQW\_A\_5} + \text{PI\_AAQW\_A\_8} + \text{PI\_AAQW\_A\_9} + \text{PI\_AAQW\_A\_10} + \text{PI\_AAQW\_B\_11} + \text{PI\_AAQW\_B\_12} + \text{PI\_AAQW\_B\_13} + \text{PI\_AAQW\_B\_15} + \text{PI\_AAQW\_B\_16} + \text{PI\_AAQW\_B\_17} + \text{PI\_AAQW\_B\_19} + \text{PI\_AAQW\_B\_20} + \text{PI\_AAQW\_B\_21} + \text{PI\_AAQW\_B\_22} + 40 - (\text{PI\_AAQW\_A\_1} + \text{PI\_AAQW\_A\_6} + \text{PI\_AAQW\_A\_7} + \text{PI\_AAQW\_B\_14} + \text{PI\_AAQW\_B\_18})$$

## POS

$$\text{POS\_AAQW\_2} + \text{POS\_AAQW\_3} + \text{POS\_AAQW\_4} + \text{POS\_AAQW\_5} + \text{POS\_AAQW\_8} + \text{POS\_AAQW\_9} + \text{POS\_AAQW\_10} + \text{POS\_AAQW\_11} + \text{POS\_AAQW\_12} + \text{POS\_AAQW\_13} + \text{POS\_AAQW\_15} + \text{POS\_AAQW\_16} + \text{POS\_AAQW\_17} + \text{POS\_AAQW\_19} + \text{POS\_AAQW\_20} + \text{POS\_AAQW\_21} + \text{POS\_AAQW\_22} + 40 - (\text{POS\_AAQW\_1} + \text{POS\_AAQW\_6} + \text{POS\_AAQW\_7} + \text{POS\_AAQW\_14} + \text{POS\_AAQW\_18})$$

## SEG

$$\text{SEG\_AAQW\_A\_2} + \text{SEG\_AAQW\_A\_3} + \text{SEG\_AAQW\_A\_4} + \text{SEG\_AAQW\_A\_5} + \text{SEG\_AAQW\_A\_8} + \text{SEG\_AAQW\_A\_9} + \text{SEG\_AAQW\_A\_10} + \text{SEG\_AAQW\_B\_11} + \text{SEG\_AAQW\_B\_12} + \text{SEG\_AAQW\_B\_13} + \text{SEG\_AAQW\_B\_15} + \text{SEG\_AAQW\_B\_16} + \text{SEG\_AAQW\_B\_17} + \text{SEG\_AAQW\_B\_19} + \text{SEG\_AAQW\_B\_20} + \text{SEG\_AAQW\_B\_21} + \text{SEG\_AAQW\_B\_22} + 40 - (\text{SEG\_AAQW\_A\_1} + \text{SEG\_AAQW\_A\_6} + \text{SEG\_AAQW\_A\_7} + \text{SEG\_AAQW\_B\_14} + \text{SEG\_AAQW\_B\_18})$$

## Referência